# FALL 2024 COS597R:

#### DEEP DIVE INTO LARGE LANGUAGE MODELS

Danqi Chen, Sanjeev Arora





Lecture 11: LLM Metacognition

https://princeton-cos597r.github.io/

## Are humans "aware" of what they are doing?

A container starts with 500 mL of water. Each minute, the scientist adds water equal to 1/2 of the current amount. What is the smallest positive integer n such that the number of liters of water in the container is never in the interval n+1?



Metacognition = Humans' reasoning about their own thought processes

("Thinking about thinking")

Flavell, J. H. (1976): "Metacognitive Aspects of Problem Solving"

Brown, A. L. (1978): "Knowing When, Where, and How to Remember

A Problem of Metacognition"

Paris, S. G., & Winograd, P. (1990): "How Metacognition Can Promote Academic Learning and Instruction"

## Metacognition

"Thinking about thinking"

Google S	cholar	metacognition
es	About 502,000	results (0.05 sec)

#### [Flavell 1976]

"In any kind of cognitive transaction with the human or non-human environment, a variety of information processing activities may go on. Metacognition refers, among other things, to the active monitoring and consequent regulation and orchestration of these processes in relation to the cognitive objects or data on which they bear, usually in service of some concrete goal or objective."

(in a followup article in [Flavell 1979])...also stated that metacognitive knowledge is not fundamentally different than other knowledge, but its object is different. He also mentioned that metacognitive knowledge may be activated consciously or unconsciously by the individual. This question of consciousness later became a subject of controversy among researchers in metacognition.

#### Why Investigate Metacognition?

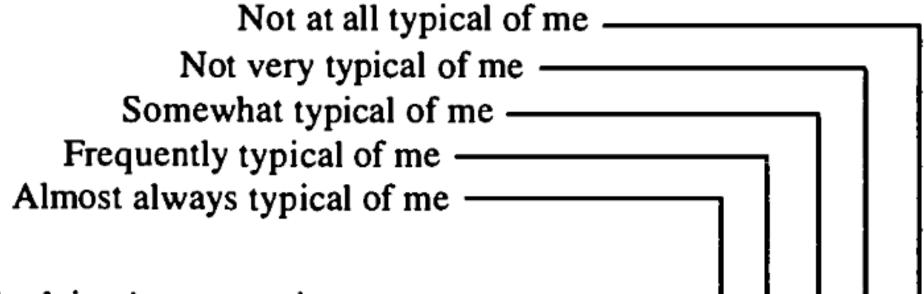
Thomas O. Nelson and Louis Narens

Metacognition is simultaneously a topic of interest in its own right and a bridge between areas, e.g., between decision making and memory, between learning and motivation, and between learning and cognitive development. Although the focus of this chapter is on the metacognitive aspects of learning and memory — which throughout the chapter will be called *metamemory* — both the overall approach and many of the points apply as well to other aspects of cognition.

#### SELF-REGULATED LEARNING INVENTORY 11/6/95

a b c d e

© Lindner, Harris & Gordon V 4.01



- Studying is a mysterious process.
   Sometimes what I do is successful, other times it is not. But in either case, I really don't know why.
- 2. I come to each class session prepared to discuss the assigned reading material (e.g., chapter, handout, articles).
- 3. Mastery of new knowledge or skills is more important to me than how well I do compared to others.
- 4. If I am struggling to understand the material

- 8. If I am having trouble understanding material as presented in a class or text, I try to locate and read different materials which help to explain or clarify the ideas with which I am having trouble.
- After studying new information for a class, I pause and perform a mental review in order to determine how much of what I have read I am able to recall.
- 10. When reviewing my class notes, I try to identify the main points of a lecture by marking or highlighting them.

Question: How might study of human metacognition help develop LLMs?

### LLM Metacognition

## Metacognitive Capabilities of LLMs: An Exploration in Mathematical Problem Solving

Aniket Didolkar <sup>1</sup>, Anirudh Goyal <sup>1</sup>, Nan Rosemary Ke <sup>4</sup>, Siyuan Guo <sup>3</sup>, Michal Valko <sup>4</sup>, Timothy Lillicrap <sup>4</sup>, Danilo Rezende <sup>4</sup>, Yoshua Bengio <sup>1</sup>, Michael Mozer <sup>4</sup>, Sanjeev Arora <sup>2</sup>

Hope: (i) Understand whether LLMs possess ability to identify and catalog skills needed to solve certain asks.

(ii) Given task questions, can they match questions to skills required by them?

Setting: GSM8K and MATH datasets

Consider this mathematical question. Label this question with any mathematical User: skills that would be required to solve the question. Basically, you should be able to use the skill as a dictionary key in python. The skill name should be lower case letters only. The skill name should be very descriptive and you may use multiple words to describe the skills required in the question. If you do use multiple words per question, then join them by an underscore.

Kelly plans to fence in her yard. The Fabulous Fence Company charges \$3.25 per foot of fencing and \$15.75 an hour for labor. If Kelly needs 350 feet of fencing and the installers work a total of 6 hours installing the fence, how much will she owe the Fabulous Fence Company?

```
"arithmetic_operations",

"unit_rate_calculation",

"multiplication",

"addition",

"addition",

"cost_estimation"

1.addition

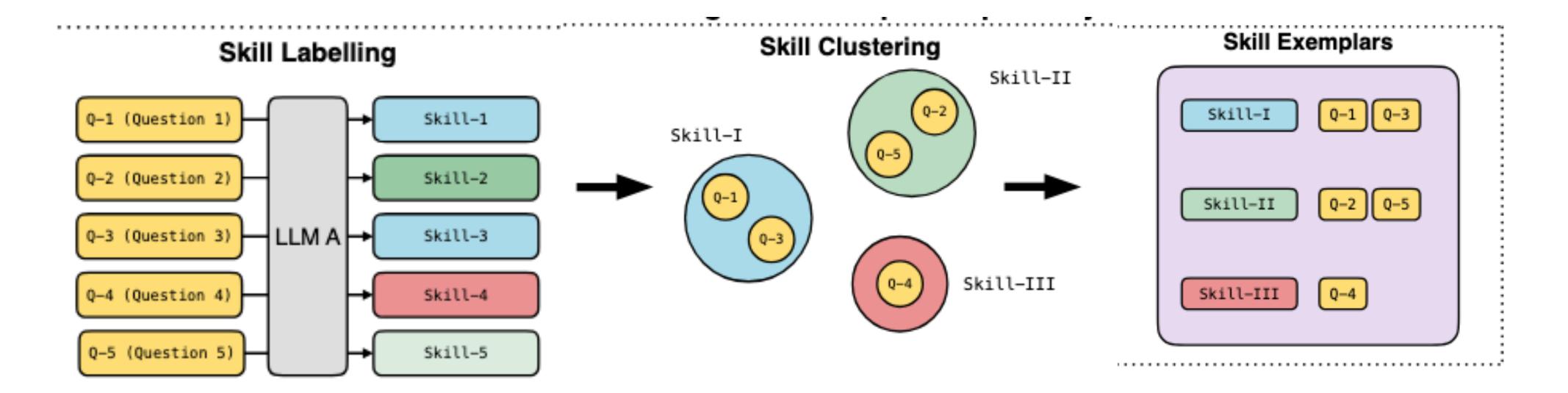
2. multiplication

3.decimal_arithmetic

4.cost_calculation

5.unit_rate_application
```

#### Skill-extraction pipeline



Skills are v. fine-grained!

Here is a list of skills required to solve a mathematical question. Reduce the number of unique skills by grouping similar skills into categories and give a descriptive name to each category.

(shortened version of real prompt)
Here is a list of skills and a list of
math questions. For each question
give the list of skills it requires.

## Step 2: Skill-clustering

Ask GPT-4 to partition the large # of named skills into clusters

#### **Input Prompt:**

Here is a list of skills required to solve a mathematical question:

[average\_calculation, proportion\_calculation, percentages, order\_of\_operations, subtraction, addition, multiplication, addition\_of\_fractions, permutations\_combinations, counting, understanding\_fractions\_and\_inequalities]

Reduce the number of unique skills by grouping similar skills into categories and give a descriptive name to each category.

#### **GPT 4 Response:**

- basic\_arithmetic\_operations: addition, subtraction, multiplication
- 2.fractions\_and\_percentages: addition\_of\_fractions, understanding\_fraction\_and\_inqualities, percentages
- average\_and\_proportion: average\_calculation, proportion\_calculation
- 4. order\_of\_operations: order\_of\_operations
- 5: combinatorics\_and\_counting: counting, permutations\_combinations

#### Skills extracted from MATH dataset

[Hendrycks et al'21]

	1000_10100			
Geometry	understanding_circle_properties_and_algebraic_manipulation, other_geometric_skills,			
	pythagorean_skills, quadrilateral_and_polygon_skills, triangle_geometry_skills, calculus_skills,			
	3d_geometry_and_volume_calculation_skills, circle_geometry_skills, area_calculation_skills,			
	coordinate_geometry_and_transformation_skills, ratio_and_proportion_skills, trigonometry_skills,			
	combinatorics_and_probability_skills, algebraic_skills			
Number Theory	base_conversion, prime_number_theory, greatest_common_divisor_calculations, modu-			
	lar_arithmetic, solving_equations, number_theory, factorization, division_and_remainders, expo-			
	nentiation, sequence_analysis, arithmetic_sequences, basic_arithmetic, polynomial_operations,			
	understanding_of_fractions, number_manipulation			
Precalculus	matrix_operations, geometric_series_comprehension, basic_trigonometry, vector_operations,			
	coordinate_systems, trigonometric_calculations, complex_numbers, geometric_relations,			
	calculus, algebra_and_equations, three_dimensional_geometry, arithmetic_operations,			
	parametric_equations, sequences_series_and_summation, geometry_triangle_properties,			
	geometry_and_space_calculation, determinant_calculation, geometry_transforms, com-			
	plex_number_operations			
Probability	probability_calculation_with_replacement, combinatorics_knowledge, probabil-			
Trobability				
	ity_theory_and_distribution, combinatorial_mathematics, counting_principals, per-			
	mutation_and_combinations, probability_concepts_and_calculations, calculat-			
	ing_and_understanding_combinations, number_theory_and_arithmetic_operations, factori-			
	als_and_prime_factorization, understanding_and_applying_combinatorics_concepts			

### Interesting facts about extracted math skills

1. Names provided by  $LLM_1$  are meaningful to  $LLM_2$  (even when  $LLM_2$  is much smaller)

2. Letting  $LLM_2$  select in-context examples by identifying the most relevant skill in the list improves its accuracy by 3-5 % on usual math datasets. ("Here is a math question. Here is a list of 100 skills. Which skills does the question require?")

#### Usefulness of extracted math skills

#### Usual 4-SHOT prompting:

When testing a model on a MATH test question, give it 4 examples of questions from the same subfield of MATH (e.g., probability, algebra etc.)

#### "Skill-based prompting"

- 1. Use metacognition to extract skills from MATH dataset
- 2. Label each instance with one skill from the list ("exemplars")
- 3. When testing a new model on a MATH test question, present it with list of all skills and ask it to select a skill that is used in the test question. Give it 4 exemplars of that skill.

For most models (including frontier models) this increases performance by 3+ percent. Also improves over all known variants of prompting

# Instruct-SkillMix: New pipeline for instruction-tuning

## INSTRUCT-SKILLMIX: A Powerful Pipeline for LLM Instruction Tuning

Simran  $Kaur^{1*}$  Simon  $Park^{1*}$  Anirudh  $Goyal^2$  Sanjeev Arora<sup>1</sup>

## Background: Instruction-tuning

"Human data is the last remaining moat of Al" [Anonymous industry colleague]

Converts base model (next-word predictor) to chat agent

Proprietary method (expensive!): SFT base model using instruction-following examples obtained from skilled humans (aka "Imitation Learning")

Open efforts were uncompetitive (when starting from the same base model)

Human queries: Vicuna (70K), Dolly (35K) were collected from random humans

Fully synthetic: Alpaca [Taori et al'23]: 52K from a seed set of few hundred qs.

Ultrachat [Ding et al'23]:1M generated from GPT3.5 using careful attention to topics, lexical diversity etc.

#### INSTRUCT-SKILL-MIX

Using metacognition ideas, extract **list of skills** via interaction with GPT-4

Dataset generation: Pick **random pairs** of skills, and ask GPT-4 to generate a (query, answer) that uses both skills.

Fine-tune base models on this Q&A dataset

Alternate Version of method: Extract skillset using 6K Q&A examples from Alpaca and Ultrachat

## Benefit of random pairs of skills: diverse queries

• critical\_thinking\_and\_communication, literature\_and\_language\_skills

I'm a high school English teacher aiming to develop a curriculum unit for my 11th-grade class, focusing on American literature. I want this unit to go beyond just reading and understanding the texts. Specifically, I'm looking to enhance my students' critical thinking and communication skills through engaging activities related to the literature. Can you suggest detailed ways to incorporate these skills, ideally with concrete examples and expected learning outcomes?

• critical\_thinking\_and\_communication, skill\_in\_virtual\_and\_system\_design

As an IT manager, I am overseeing the development of a virtual workspace to enhance communication and efficiency among remote teams. This workspace must support multimedia content, including video conferencing and live document editing. What are the critical steps I should take in its design and implementation, balancing technical robustness with ease of use? Could you provide specific technologies to consider and any potential obstacles?

#### INSTRUCT-SKILLMIX: Performance

Proprietary small models

VS

Ours (SFT on 2K or 4K examples)

Proprietary models from last year

Model	# Data	AlpacaEval2.0 LC WR(%)	WildBench WB-Reward <sup>gpt4t</sup>
LLaMA-3-8B			
Ours	4K	42.76	-36.91
*LLaMA-3-8B-Instruct	-	22.90	-46.30
Mistral-7B-v0.2			
Ours	4K	36.70	-29.25
SFT on Alpaca-52K	52K	8.64	-80.47
*Mistral-7B-Instruct-v0.2	_	17.10	-54.70
Gemma-2-9B			
Ours	2K	36.18	-37.83
Gemma-2-9B-Instruct	-	37.21	-28.78
*Other Proprietary Models	S		
LLaMA-3.1-405B-Instruct	-	39.30	_
Mistral Large	-	32.70	-46.40
Claude 3 Opus	-	40.50	-21.20
Claude 3 Sonnet	_	34.90	-30.30
GPT-4-Omni (2024-05-13)	-	<b>57.50</b>	+1.70
GPT-4 (2023-03-14)	_	35.30	_

LC WR = Length-controlled win-rate against GPT4-Turbo (with GPT4 as judge)

## Ablations to understand efficacy of Instruct-Skillmix

### Benefit of Extracting Skills

Here we use the weaker version of our method, which extracts skills from Alpaca We compare it to direct SFT on Alpaca

		AlpacaEval 2.0		WildBench
SFT Dataset	# Data	LC WR(%)	MT-Bench	$\mathbf{WB} ext{-}\mathbf{Reward}^{ ext{gpt4t}}_{\infty}$
Instruct-SkillMix-D(k=2)	4K	29.77	7.17	-39.06
Instruct-SkillMix-D( $k=1$ )	1K	27.04	7.22	-46.83
Alpaca-1K Longest	1K	10.09	6.88	-63.38
Alpaca-5K Longest	5K	8.92	6.90	-62.55
Alpaca-5K Random	5K	11.10	6.86	-74.41
Alpaca-52K Full	52K	8.64	6.45	-80.47

Table 2: Evaluation results of Mistral-7B-Base-v0.2 finetuned on INSTRUCT-SKILLMIX-D vs. on Alpaca-52K. Note that skills extracted from Alpaca-5K Random were used to create the INSTRUCT-SKILLMIX-D datasets.

#### Influence of grader

AlpacaEval and WildBench use GPT4 (3/23) as grader.

Our dataset (skills, questions, answers) is generated using GPT4-Turbo Could our high performance be due to similarity of grader and generator?

Influence of generator

		AlpacaEval 2.0		
<b>Model for Data Generation</b>	Dataset	WR(%)	LC WR(%)	MT-Bench
GPT-4 (2023-03-14)	Alpaca-1K Longest	12.75	10.09	6.83
GP 1-4 (2025-05-14)	INSTRUCT-SKILLMIX-D-1K	13.29	15.01	7.10
CDT 4 Turbo (2024 04 00)	Alpaca-1K Longest	35.23	19.62	6.99
GPT-4-Turbo (2024-04-09)	INSTRUCT-SKILLMIX-D-1K	33.87	27.48	6.92

Influence of grader (AlpacaEval 2.0)

	Grader: GPT-4 (2023-11-06)		Grader: Claude 3 Opu	
Model	<b>WR</b> (%)	LC WR(%)	WR(%)	LC WR(%)
Mistral-7B-Base-v0.2 SFT on ISM-D-1K	33.87	27.48	50.56	38.50
Mistral-7B-Base-v0.2 SFT on ISM-D-2K	37.05	31.57	48.94	38.29
Mistral-7B-Base-v0.2 SFT on ISM-D-4K	35.08	29.77	52.55	44.16
(Reference Model) LLaMA-3-70B-Instruct	33.20	34.40	39.68	42.33
(Reference Model) Mistral-7B-Instruct-v0.2	14.70	17.10	15.16	18.89
(Reference Model) LLaMA-2-70B-Chat	13.90	14.70	16.67	17.85

## Instruct-Skill-Mix (k=1 vs k=2)

Earlier, using pairs of skills used to give stronger performance but with the best pipeline the difference between k=1 and k=2 is under 1%

## Effect of 20% low-quality data ("shirkers")

		AlpacaEval 2.0			WildBench
Model	# Data	LC WR(%)	Avg Len	MT-Bench	<b>WB-Reward</b> $_{\infty}^{ ext{gpt}4t}$
SFT on Instruct-SkillMix-D(k=2)					
	2K	31.57	2817	7.04	-43.46
Mistral-7B-Base-v0.2	2K (Brevity 20%)	23.93	1746	6.69	-49.85
	2K (Junk 20%)	0.77	1104	5.01	-47.50
SFT on Instruct-SkillMix(k=2)					
	2K	36.18	2936	7.20	-31.92
Mistral-7B-Base-v0.2	2K (Brevity 20%)	31.61	2336	7.32	-32.27
	2K (Junk 20%)	24.60	2435	6.90	-47.50

20% low-quality data can seriously harm instruction-tuning (explains why prior open efforts had not succeeded at SFT?)

<sup>&</sup>quot;Brevity" = Answer is required to be short (hence less helpful)

<sup>&</sup>quot;Junk" = Deliberately unhelpful

# Can Al assist with generation of difficult math questions?

#### AI-Assisted Generation of Difficult Math Questions

Vedant Shah $^{*1,2}$  Dingli Yu $^3$  Kaifeng Lyu $^3$  Simon Park $^3$  Yinghui He Jiatong Yu Nan Rosemary Ke $^1$  Michael Mozer $^4$  Yoshua Bengio $^{1,2}$  Sanjeev Arora $^3$  Anirudh Goyal $^{*1}$ 

#### Evaluation saturation phenomenon

Evaluations get saturated within a year or two

Reasons: (i) models getting powerful

- (ii) changes to training pipelines to improve on the popular evaluations
- (iii) including training on questions similar to those on popular evals

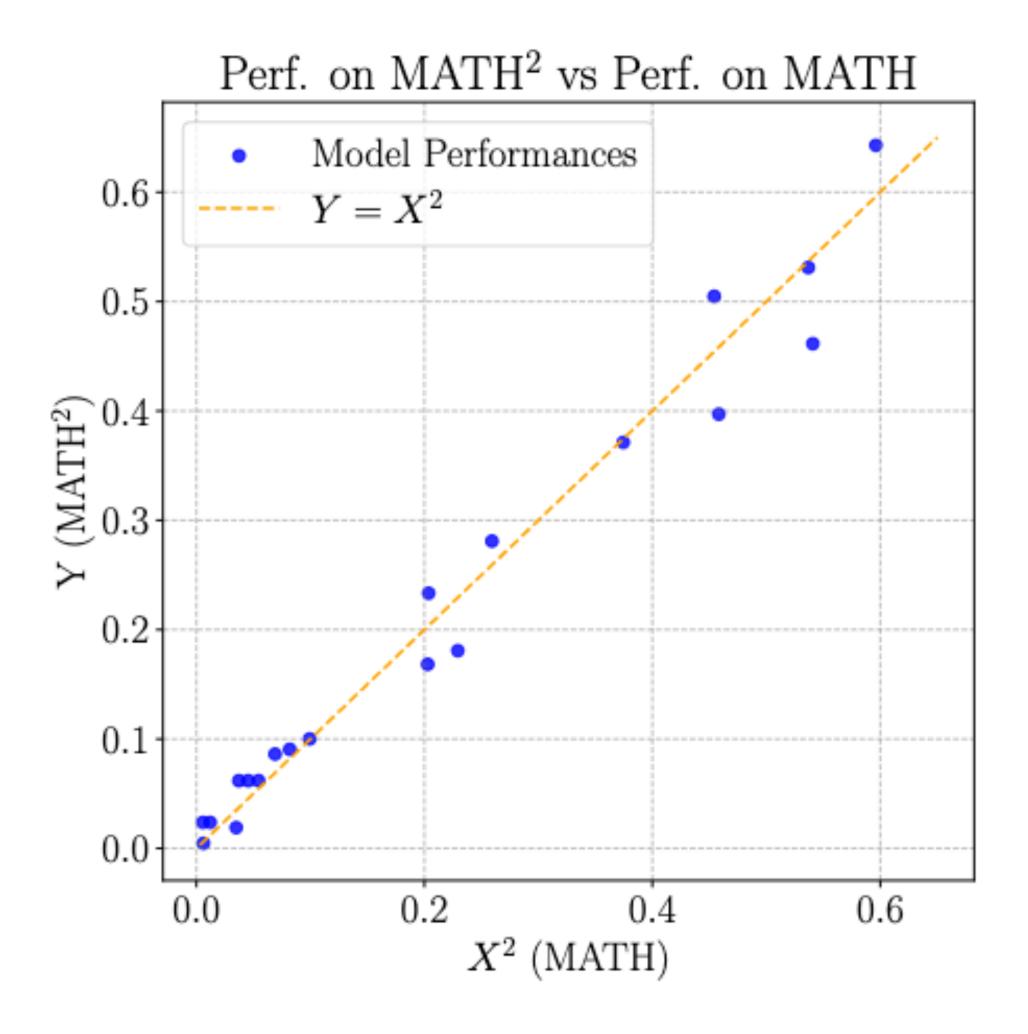
#### Design of new math evaluation

- 1. Start with list of skills extracted from MATH
- 2. Present GPT40 with a random pair of skills, and ask it to produce a question that uses both skills
- 3. Use agentic interaction with another copy of GPT4 to make sure it has (a) used each skill (b) question makes sense and (c) model has double-checked its answer to the question.
- 4. Ask humans to look over the list and select the 25% best questions. If needed, edit question and/or answer

End result: MATH<sup>2</sup> dataset with 225 questions

# Old eval (MATH) vs New (MATH<sup>2</sup>)

Model	MATH <sup>2</sup> (Y)	MATH (X)	% Drop
GPT-4 Omni	64.29%	77.21%	16.73%
Claude 3.5 Sonnet	46.15%	73.54%	37.24%
GPT-4 Turbo	53.11%	73.27%	27.51%
Gemini-1.5-Pro	39.71%	67.70%	41.34%
Claude 3 Opus	37.14%	61.20 %	39.31%
Llama-3.1-70B-Instruct	50.48%	67.40%	25.10%
Llama-3-70B-Instruct	18.09%	47.89%	62.23%
MetaMath-70B	8.61%	26.27%	67.22%
MAmmoTH-70B	6.19%	19.31%	67.94%
Mixtral-8×7B-Instruct	10.00%	31.52%	68.27%
MetaMath-13B	6.19%	21.32%	70.96%
MAmmoTH-13B	2.38%	10.99%	78.34%
Deepseek-math-7b-instruct	16.83%	45.05%	62.64%
Llama-3.1-8B-Instruct	28.09%	50.92%	44.83%
Llama-3-8B-Instruct	9.05%	28.62%	68.38%
Gemma-1.1-7B-Instruct	6.19%	23.36%	73.50%
MetaMath-7B	1.91%	18.69%	89.78%
MAmmoTH-7B	0.48%	7.90%	93.92%
Phi-3-mini-128k-instruct	23.34%	48.29%	51.67%
Gemma-1.1-2B-Instruct	2.38%	7.52%	68.35%



# What applications of LLM metacognition can you think of?

Have a good Fall break!